

UNITED MEDICAL CENTERS



Family Planning Program **(For Women & Men)**

Healthy Texas Women Program

Services available at:

United Medical Centers

2525 N. Veterans Blvd.

(830) 773-5358

&

El Indio Hwy Clinic

4018 El Indio Hwy

(830) 872-3460

You may qualify for FREE services!!!

Family Planning Program Providers



Dr. Alberto Aguayo
OB/GYN



Penny Garza, RN, FNP-BC
Family Medicine



Dr. Marie James
OB/GYN



Dr. Romanus Nwanna
OB/GYN

Types of Birth Control

- Continuous Abstinence
- Natural Family Planning
- Rhythm Method
- Barrier Methods
- Female Condom
- Male Condom
- Hormonal Methods
 - Oral contraceptive pills
 - The Patch
 - Depo shot injection
 - Vaginal Ring
- Implantable Device
 - Nexplanon rod
- Intrauterine Devices (IUD)
 - ParaGard (Non Hormonal)
 - Mirena (Hormonal)
- Permanent Birth Control
 - Surgical sterilization
 - Tubal ligation

FREE PREGNANCY TESTING

Available at any UMC location offering



Family Planning Services.
Call any UMC office for more information.

UNITED MEDICAL CENTERS
Family Planning Program
(For Women & Men)

&



Family Planning Program Staff

Evelyn Rodriguez, CMA
FP Coordinator
4018 El Indio Clinic
(830) 872-3460 Ext 7904

Cynthia Negrete, CMA
FP Technician
2525 N. Veterans Blvd.
(830) 773-5358 Ext 259

Melissa Sanchez, NR-CMA
FP Technician
2525 N. Veterans Blvd.
(830) 773-5358 Ext 261

Call for more information

Family Planning Annual Exams

- Pap Smear
- Cervical Cancer
- HPV (Human Papilloma Virus)
- Trichomoniasis
- Bacterial Vaginosis
- Sexually transmitted disease
- HIV (Human Immunodeficiency Virus)
- Gonorrhea
- Chlamydia
- Syphilis
- Herpes

We provide STD treatments

- Cholesterol
- Triglycerides
- Glucose (Diabetes)
- CBC (Complete blood count)
- Thyroid screening
- Hepatitis - C screening
- Rubella screening
- ABO & RH (Blood typing)
- Tuberculosis skin test (PPD skin test)



STD's, Get Tested

**Pre-
vent**

UNITED MEDICAL CENTERS FAMILY PLANNING PROGRAM

Accepts Insurances:
For Eligibility
Family Planning Program
&
Health Texas Women Program

Come by: 2525 N. Veterans Blvd.
or
4018 El Indio Hwy

Determining Eligibility

- U.S Birth Certificate
- U.S Citizen ID Card
- Work or school ID card
- Residency Status
- Social Security Card
- Household gross earned income
(for the past one month)
- Check stubs
- Unemployment payments
- Child support
- SSI

NO INCOME, NO PROBLEM
NO DOCUMENTS, NO PROBLEM
You can still be Eligible for Services
Applications are available from
8:00am-11:30am & 1:00pm-4:30pm
Monday - Friday
For more information call
(830) 773-5358 or (830) 872-3460

Family Planning Program HHSC

The Family Planning Program is dedicated to
Providing accessible Family Planning and
reproductive healthcare to eligible Women and Men
in Texas. The free or low cost services offered
through the Family Planning Program help reduce
unintended pregnancies, allow people to determine
the number and spacing of their children, and im-
prove birth outcome and overall health .

**UNITED MEDICAL CENTERS
SERVING EAGLE PASS, DEL RIO &
BRACKETVILLE, TEXAS
SINCE 1973**

*Providing High Quality, Affordable
& Accessible Patient Care*

**FAMILY PLANNING PROGRAM
WALK-IN WELCOME
Accessible Patient Care**

2525 N. Veterans Blvd



4018 El Indio Hwy



APPOINTMENTS ARE AVAILABLE

Hours of Operation:

Monday - Friday

8am-12pm & 1pm-5pm

Veterans Clinic (830) 773-5358

El Indio Clinic (830) 872-3460

**After hours Dial 911
In case of an Emergency**